Even at 59, Edwards is considered a 'geezer'

By Kirk Kern *Mesquite Monthly*

Shaun Edwards didn't play a lot of competitive sports growing up. Other than Little League baseball, Edwards didn't play any high school or college sports.

He's making up for that now.

Edwards retired after a career in the Army in 2015 and moved to Scenic, Arizona, shortly afterwards. He's been a regular golfer and softball player after retiring, but has also discovered the Mesquite Senior Games.

"I started playing softball with Herb Calhoun," Edwards said. "He encouraged me to get involved."

Involved is an understatement.

Edwards has been one of the busiest athletes in the games. He participates in Long Drive, Fitness Hike, Poker (No Limit Texas Hold 'Em), History Tour, Discus, Javelin, Kettlebell Throw, 100 meters, 200 meters, 50 meters, Softball Throw, Putting and Horseshoes.

In his first year competing at Mesquite Senior Games, he only participated in long drive and softball. He wasn't even aware of all the track and field events.

"I went to the high school and discovered there were a lot of events,"

he said. "This year, I signed up for everything I thought I could compete in."

He's been successful as well. He's won gold in his age bracket in the 100 meters and the kettlebell throw. This year, he finished third in his age bracket in the long drive, but all the track events were cancelled due to the coronavirus pandemic.

But at least he didn't waste a lot of time in training for these events, though. The only time he runs the sprints or picks up a javelin, discus or kettlebell are when he's actually competing.

Edwards said he didn't even know the proper way to throw a kettlebell until he picked one up for the first time in competition.

"I've never thrown a discus or a javelin or kettlebell," he said. "So when I do it, I'm learning right before I got out there. I watched someone else do it and just tried to copy it."

Softball and golf are another story, however. Although he didn't play as a youth, Edwards has been a regular recreation softball player and golfer for many years. When he moved here, he picked up playing with the Geezers and is a regular with this group.

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Shaun Edwards plays golf three times a week with the Beaver Dam Mafia at the Palms Golf Course. (Amy Bradshaw photo)



Golf Celebration 2020 - 2 Days Of Fun Golf Competitions!

MONDAY, NOVEMBER 9

Long Drive - Mesquite Sports Complex - 9am Closest to the Pin (KP) - Oasis Golf Club - 2pm

TUESDAY, NOVEMBER 10

18-Hole Putting - Sun City Putting Course - 9am 9-Hole Tournament - Canyons Oasis Golf Club - 2pm Awards Presentation Dinner - Oasis Grill - 5:30pm

Go to www.mesquiteseniorgames.org or call 702-345-3347 for details and to sign up for this fun event!

*Please note that the putting competition is conditioned on Local / State / National Public Health Guidelines in place

at Sun City Mesquite during that time.