

Senior Games: Big things in store for 2022

By Amy Bradshaw
Mesquite Senior Games

It's the end of another year. A time for both reflection and looking ahead to a new year. 2021 has been a landmark year for Mesquite Senior Games as we celebrated our 20th anniversary of offering casual, fun ways to promote the health and fitness of anyone 50 years and better.

We started out in the spring, with a series of mainly outdoor events we could safely stage. They included golf skills competitions, shotgun and target pistol, bowling and our first ever all ages cornhole competition.

Partnering with the City of Mesquite, and many local sponsors such as Reliance Connects, Medicare & Healthcare Associates, Aravada, Lindi and Shelter Insurance, we drew 140 people of all ages to the grounds of the city rec center for an incredible day of cornhole, bounce houses, balloon artists, and so much more. During the summer heat our bowlers enjoyed another fun tournament and by the time fall rolled around we were ready for more fun events that included golf, bocce, pickleball, basketball, and our first ever seniors-only cornhole tournament.

2021 also marked the beginning of a partnership between MSG and Alignment Health Plans. Like MSG, Alignment is focused on helping seniors in Clark County live their



best lives. They offer a variety of Medicare Advantage plans and their new P3 Medical Group, right here in Mesquite.

We broadened our volunteer pro-

gram in 2021 to include a new recruitment and recognition program designed to get more seniors volunteers involved in the Games. As both competitors and volunteers we saw a

lot of smiling seniors this year!

TDS Telecommunications came on board as our Volunteer Recognition Sponsor and with their generous support, we hosted our first ever volunteer recognition picnic on Nov. 14 where we honored those valued individuals responsible for keeping the wheels turning on our casual, fun senior events.

As we close the door on 2021 and look ahead to 2022, all of us Mesquite Senior Games wish you a wonderful holiday season filled with family, love, and good health. We'll be back in the spring with our senior events. Here is a sneak peek at what we have planned.

- Shotgun/Target Pistol, March 4-5
- Bowling, March 12
- Pickleball, March 14-16
- History Tour, March 17
- Fitness Hike, March 19
- Table Tennis, March 19
- Basketball Skills, March 25
- Track & Field, March 26
- Bridge, March 28-29
- Horseshoes, March 28-29
- Poker, March 31
- Cornhole, April 1
- Golf Skills, April 4-5
- Bike Race, April 7
- Bocce, April 11-12

Registration for our spring events will open on Jan. 1. Check out our website at www.MesquiteSeniorGames.org for more details and to sign up for updates or call us at 702-345-3347.



A Tribute to Herb Calhoun

March 27, 1942 – November 18, 2021

**GONE, YET NOT FORGOTTEN.
WE WILL MISS YOU.
MESQUITE SENIOR GAMES**

