

SENIOR CENTER *Directory*

Mesquite

102 W. OLD MILL ROAD
MESQUITE, NV 89027
www.mesquitenv.gov
(702) 346-5290

St. George

245 NORTH 200 WEST
ST GEORGE, UT 84770
www.coa.washco.utah.gov
(435) 634-5743

Hurricane

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HURRICANE, UT 84737
www.coa.washco.utah.gov
(435) 634-2089

Enterprise

165 SOUTH 100 EAST
ENTERPRISE, UT 84725
www.coa.washco.utah.gov
(435) 878-2557

Springdale

126 LION BOULEVARD
SPRINGDALE, UT 84767
www.coa.washco.utah.gov
(435) 772-0451

Moapa Valley

325 N COOPER STREET
OVERTON, NV 89040
www.clarkcountynv.gov
(702) 397-8002

Panguitch

87 NORTH 40 WEST
PANGUITCH, UT 84759
www.garfield.utah.gov
(435) 676-1140

Parowan

685 NORTH 300 EAST
PAROWAN, UT 84761
www.ironcounty.net
(435) 477-8925



by Amy Bradshaw

Mencius, the Chinese philosopher, said that the best things in life come in threes, such as friends, dreams, and memories. That certainly remains true in modern times—friendships, dreams, and memories are a big part of what makes us able to have happy and successful lives. Mesquite Senior Games has its own set of “threes” that are vital to making it successful in its mission of promoting the health and fitness of anybody 50 and better.

First, we have our athletes. Without them, there would be no fun competitions, no smiling faces brandishing a gold medal, and no new friendships forged over the love of throwing a ringer. Our athletes are amazing. Long gone are the days of youth where athletics came so easily. But still, they push on—like Lone, our 81-year-old golfer, who, after two shoulder surgeries, said it was important to her to swing that golf club again just to see if she “still could.” She could, and she did, and she won herself a gold medal. Or take Ray, our 90-year-old bowler, who is the first person in line at every tournament. Or how about Celestine, who, just this summer, had the guts to compete in the first ever tournament of her 62-year-old life. And let’s not forget Juliano, who, at 90 years of age, was indignant that we didn’t have an age division high enough for him in the target pistol. (We do now!) Our athletes aren’t as fast as they used to be. They aren’t as accurate as they used to be. But one thing they all have is the drive to get out of bed each morning and challenge themselves. Every one of our senior athletes is a super star.

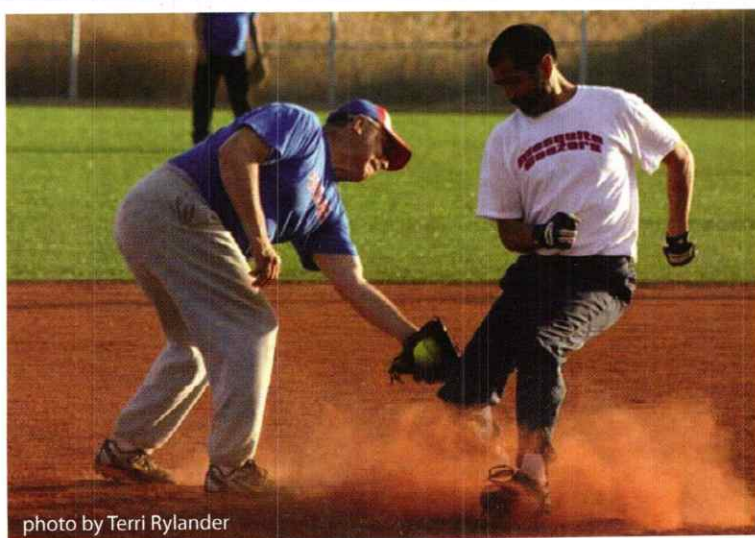


photo by Terri Rylander

Second, we have our volunteers. These folks show up at 6 a.m. to help set up the track, put up tents, or organize the registration desks. They keep their math skills honed by scoring everything from horseshoes to cornhole to bocce. They are the wheels that keep Mesquite Senior Games rolling along—like Diane, who has a talent for paper art and keeps us organized with her cool name tags. Or there's Marc, who shows up to chase golf balls at our Long Drive competition. And we can't forget Sharon and Shelton, our 80-year-old husband/wife team that started volunteering 20 years ago and are still going strong. And one of the best volunteers ever is Brenda, who can build a website in the morning, organize a golf event in the afternoon, and then make flyers before bedtime. Every one of our volunteers is key to the success of our mission to keep our seniors active and healthy.



photo by Kris Zurbas

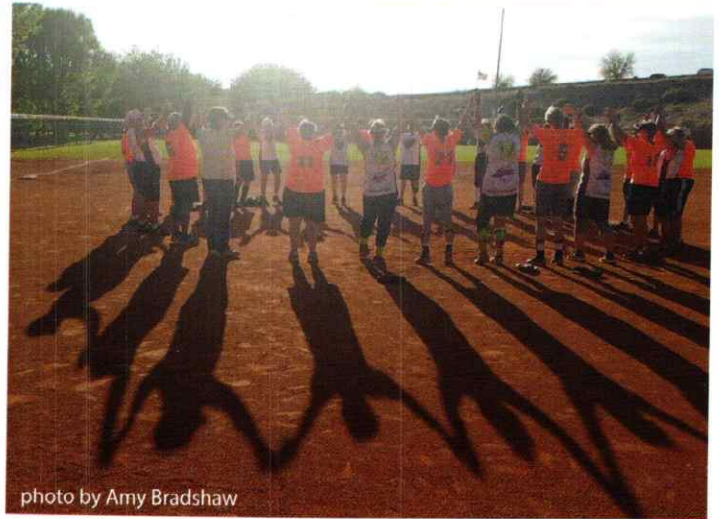


photo by Amy Bradshaw

The third element is our sponsors. As a 501(c)(3) nonprofit, we rely on donations and sponsorships to keep producing quality senior athletic events. We've been blessed to have the support from Mesquite Gaming as our Title Sponsor, and they've made it possible for us to grow our organization over the years. New on board as our Annual Healthcare Sponsor is Alignment Healthcare. Their award-winning Medicare Advantage Plan offers comprehensive medical and prescription drug coverage to seniors here in Clark County. We're excited to welcome them to the Mesquite Senior Games family and look forward to a partnership bonded in the health and fitness of our seniors. ♪

If you are interested in how you can get involved as an athlete, volunteer, or sponsor, please visit us at www.MesquiteSeniorGames.org, or call (702) 345-3347.

We think joining our team will give you some great opportunities for friends, dreams, and memories. And we bet Mencius would agree!

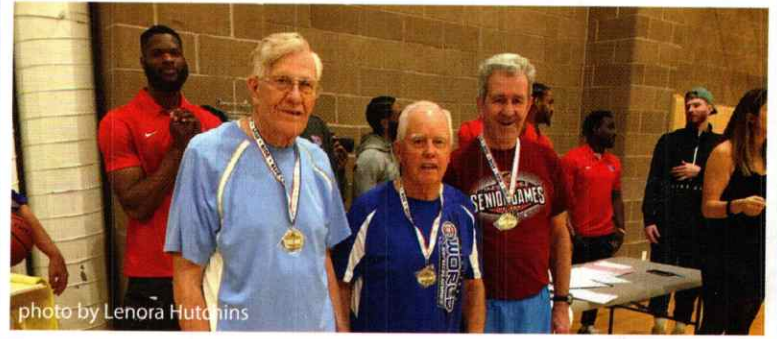


photo by Lenora Hutnins

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