



2023 Mesquite Senior Games Track & Field Results

Men's High Jump

85-89	Ralph Reich	2'10"	Gold
65-69	Kim Neilson	4'9"	Gold
65-69	Rob Schenk	4'2"	Silver
60-64	Mike Toll	4'7"	Gold
60-64	Eric Johnson	3'6	Silver
55-59	Mark Dickerson	4'	Gold
55-59	Barry Kent	3'9	Silver

Men's Long Jump

85-89	Ralph Reich	4'5"	Gold
80-84	Ron Muranaka	9'1"	Gold
84-84	Kenneth Baker	7'8"	Silver
75-79	J. Marcus Wood	5'9"	Gold
75-79	Steven Dutson	5'3"	Silver
70-74	Mike Hall	8'1"	Gold
65-79	Rob Schenk	11'5"	Gold
65-79	Michael Jimenez	9'8"	Silver
65-79	Alden Yates	5'10"	Bronze
60-64	Mike Toll	16'1	Gold
60-64	Eric Johnson	9'9'	Silver
55-59	Mark Dickerson	12'	Gold



Women's Long Jump

60-64	Julie Baker	12'2"	Gold
60-64	Terah Johnson	7'5.5"	Silver
55-59	Mel Sides	5'8"	Gold

Men's Triple Jump

85-89	Ralph Reich	11'7"	Gold
75-79	Steven Dutson	10'1"	Gold
65-69	Rob Schenk	22'1"	Gold
60-64	Mike Toll	32'9"	Gold
60-64	Eric Johnson	19'6"	Silver
55-59	Mark Dickerson	25'6"	Gold

Women's Triple Jump

60-64	Terah Johnson	11'3"	Gold
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Men's Standing Long Jump

85-89	Ralph Reich	4'9"	Gold
80-84	Ron Muranaka	5'3"	Gold
80-84	Kenneth Baker	5'2"	Silver
75-79	Steven Dutson	3'9"	Gold
75-79	J. Marcus Wood	3'9"	Gold
70-74	Michael Rogers	5'9"	Gold
70-74	Mike Hall	5'5"	Silver



65-69	Rob Schenk	6'11"	Gold
65-69	Alden Yates	6'4"	Silver
65-69	Michael Jimenez	5'9"	Bronze
60-64	Mike Toll	7'8"	Gold
60-64	Eric Johnson	6'9"	Silver
55-59	Mark Dickerson	7'4"	Gold

Women's Standing Long Jump

60-64	Julie Baker	7'2.5"	Gold
60-64	Terah Johnson	5'8"	Silver
55-59	Mel Sides	4'2.5"	Gold

Men's Discus

85-89	Ralph Reich	54	Gold
85-89	Jim Osterud	52'4"	Silver
80-84	Jack White	74'5"	Gold
80-84	Kenneth Baker	67'6"	Silver
75-79	Steven Dutson	41'4"	Gold
70-74	Donald Beachler	63'7"	Gold
70-74	Michael Bickers	32	Silver
65-69	Alden Yates	79'	Gold
65-69	Michael Jimenez	76'	Silver
65-69	Bob Summers	49'	Bronze



60-64	Mark Holmes	71'	Gold
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Women's Discus

55-59	Mel Sides	49	Gold
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Men's Javelin

85-89	Ralph Reich	17 yds	Gold
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85-89	Jim Osterund	11.2 yds	Silver
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80-84	Kenneth Baker	20 yds	Gold
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80-84	Jack White	19.7 yds	Silver
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75-79	Monte Gast	22.7 yds	Gold
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75-79	J. Marcus Wood	14.6 yds	Silver
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75-79	Steven Dutson	11.7 yds	Bronze
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70-74	Donald Beachler	21.2 yds	Gold
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65-69	Alden Yates	27.4 yds	Gold
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65-69	Bob Summers	12.6 yds	Silver
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60-64	Eric Johnson	31.6 yds	Gold
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55-59	Barry Kent	18.3 yds	Gold
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Women's Javelin

60-64	<u>Terah Johnson</u>	12 yds	Gold
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55-59	Mel Sides	13.9 yds	Gold
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Men's Softball Throw

85-89	Ralph Reich	26.6 yds	Gold
85-89	Jim Osterund	16.7 yds	Silver
80-84	Kenneth Baker	27.1 yds	Gold
80-84	Ray Morrison	17 yds	Silver
75-79	J. Marcus Wood	22.5 yds	Gold
75-79	Steven Dutson	20.7 yds	Silver
70-74	Michael Rogers	49.5 yds	Gold
70-74	Donald Beachler	35.7 yds	Silver
65-69	Alden Yates	38.1 yds	Gold
65-69	Bob Summers	20.1 yds	Silver
60-64	Eric Johnson	41.8 yds	Gold
55-59	Barry Kent	45.7 yds	Gold
55-59	Mark Dickerson	36.8 yds	Silver

Women' Softball Throw

60-64	Terah Johnson	11.4 yds	Gold
55-59	Mel Sides	28.1 yds	Gold



Men's Shotput

85-89	Ralph Reich	25'5"	Gold
85-89	Jim Osterund	22'7"	Silver
80-84	Jack White	39'	Gold
80-84	Kenneth Baker	38'5"	Silver
75-79	Dutson, Steven	20'	Gold
70-74	Don Schroeder	35'6	Gold
70-74	Donald Beachler	32'5	Silver
70-74	Michael Bickers	16'1"	Bronze
65-69	Alden Yates	29'	Gold
65-69	Michael Jimenez	22'1"	Silver
65-69	Bob Summers	17'6"	Bronze
60-64	Eric Johnson	26'	Gold

Women's Shotput

60-64	Julie Baker	28'4.5"	Gold
60-64	Terah Johnson	20'7"	Silver
55-59	Mel Sides	22'7"	Gold

Men's Pole Vault

80-84	Mardon Connelly	5'	Gold
65-69	Michael Jimenez	8'	Gold



55-59	Gary Connelly	8'	Gold
55-59	Mark Dickerson	6'6"	Gold

Men's 400m Power Walk

80-84	Shelton Wakefield	4:21.65	Gold
75-79	Monte Gast	2:08.38	Gold
75-79	J. Marcus Wood	2:17.00	Silver
65-69	Bob Summers	4:31.75	Gold
60-64	Eric Johnson	1:44.59	Gold

Women's 400m Power Walk

70-74	Carla Carpenter	2:36.36	Gold
60-64	Bonnie Kell-Parrish	3:52.66	Gold
55-59	Nancy Summers	4:27.47	Gold

Men's 800m Power Walk

75-79	Monte Gast	5:53.42	Gold
75-79	J. Marcus Wood	6:30.92	Silver
65-69	Bob Summers	10:09.98	Gold



Women's 800m Power Walk

60-64	Bonnie Kell-Parrish	8:21.89	Gold
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55-59	Nancy Summers	10:10.54	Gold
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Men's 1500m Power Walk

75-79	Neal Schuster	11:43.91	Gold
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75-79	J. Marcus Wood	12:23.09	Silver
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Women's 1500m Power Walk

70-74	Carla Carpenter	10:04.10	Gold
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70-74	Sandra O'Brien	14:32.20	Silver
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60-64	Bonnie Kell-Parrish	15:39.46	Gold
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Men's 50m Run

85-89	Ralph Reich	16.53	Gold
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80-84	Ron Muranaka	10.16	Gold
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75-79	Fred Svoboda	8.62	Gold
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75-79	J. Marcus Wood	11.92	Silver
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70-74	Edward Parr	7.24	Gold
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70-74	Michael Rogers	9.09	Silver
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70-74	Mike Hall	10.06	Bronze
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65-69	Rob Schenk	8.91	Gold
60-64	Chris Bayley	6.83	Gold
60-64	Mike Toll	7.31	Silver

Women's 50m Run

60-64	Julie Baker	7.75	Gold
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Men's 100 M Run

85-89	Ralph Reich	31.26	Gold
80-84	Ron Muranaka	19.10	Gold
75-79	Fred Svoboda	16.95	Gold
75-79	J. Marcus Wood	24.19	Silver
70-74	Edward Parr	14.62	Gold
60-64	Chris Bayley	12.25	Gold
60-64	Mike Toll	14.57	Gold
50-54	Eldred Smikle	12.56	Gold

Women's 100m Run

60-64	Julie Baker	15.51	Gold
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Men's 200m Run

85-89	Ralph Reich	1:14.44	Gold
80-84	Shelton Wakefield	1:55.38	Gold
75-79	Fred Svoboda	36.67	Gold
70-74	Edward Parr	30.11	Gold
70-74	Douglas Schmenk	48.22	Silver
65-69	Harold Holmes	32.04	Gold
60-64	Chris Bayley	27.27	Gold
55-59	Barry Kent	35.79	Gold
50-54	Eldred Smikle	26.48	Gold

Women's 200m Run

50-54	Kristy Matthews	27.63	Gold
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Men's 400m Run

90+	Dale Perkins	2:34.51	Gold
75-79	Fred Svoboda	1:44.94	Gold
75-79	Dennis Stowell	1:47.15	Silver
70-74	Edward Parr	1:16.11	Gold
70-74	Michael Rogers	1:32.88	Silver



70-74	Wayne Akiyama	1:44.28	Bronze
65-69	Harold Holmes	1:18.04	Gold
65-69	Richard Stanton	1:32.15	Silver
55-59	Tom Trung Nguyen	1:07.31	Gold
55-59	Barry Kent	1:16.95	Gold
50-54	Eldred Smickle	1:05.28	Gold

Women' 400m Run

50-54	Kristy Matthews	1:04.60	Gold
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Men's 800M Run

75-79	Dennis Stowell	4:20.00	Gold
70-74	Neil Sybert	3:27.14	Gold
70-74	Douglas Schmenk	3:47.63	Silver
70-74	Wayne Akiyama	4:10.64	Bronze
65-69	Harold Holmes	3:31.01	Gold
65-69	Richard Stanton	3:41.68	Silver
60-64	Mark Holmes	3:28.49	Gold
55-59	Tom Trung Nguyen	2:48.67	Gold

Women's 800m Run

50-54	Kristy Matthews	3:00.38	Gold
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Men's 1500m Run

75-79	Dennis Stowell	8:52.93	Gold
70-74	Neil Sybert	7:12.48	Gold
65-69	Carl Stromberg	6:08.70	Gold
65-69	Richard Stanton	7:55.30	Silver
60-64	Mark Holmes	7:20.76	Gold
60-64	Roger Connole	9:37.70	Silver
55-59	Barry Kent	6:11.40	Gold

Men's 3000m Run

70-74	Anthony Colon	17:09.16	Gold
65-69	Carl Stromberg	13:43.79	Gold
65-69	Richard Stanton	16:33.55	Silver
60-64	Roger Connole	19:42.48	Gold

Men's 5000m Run

65-69	Carl Stromberg	23:02	Gold
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Women's 5000m Run

70-74	Toni Miller	29:05	Gold
70-74	Connie Tom	50.44	Silver