

Track & Field Schedule <> April 14, 2012

<u>Ladies & All Men</u>	Est <u>Call</u>	Est <u>Start</u>	<u>Ladies & 70+ Men</u>	<u>50-69 Men</u>
Registration		7:00		
5000m Run/Walk	7:45	8:00	Standing LJ	Shot Put
	"	8:15	High Jump & Pole Vault	
	8:15	8:30	Running LJ	Discus
50m Dash	8:25	8:40		
400m Run	8:45	9:00	Triple Jump	Javelin
100m Dash	9:15	9:30		Softball Throw
1500m Run/Walk	9:45	10:00	Shot Put	Standing LJ
200m Dash	10:15	10:30	Discus	Running LJ
800m Run	10:45	11:00	Javelin	Triple Jump
3000m Run/Walk	11:15	11:30	Softball Throw	
Awards Ceremony		12:00		